



J.L. Jackson Secondary

Course Selection 2026-2027

GRADE 10 (English)

Student Name: _____

PART I – MINISTRY REQUIRED COURSES

<input checked="" type="checkbox"/> Select a course in each category.	
A MATH course	<input type="checkbox"/> Foundations & Pre-Calculus Math 10 <input type="checkbox"/> Workplace Math 10
A PHYSICAL HEALTH EDUCATION course	<input type="checkbox"/> Active for Life 10 <input type="checkbox"/> Physical Health Education 10
ENGLISH	<input checked="" type="checkbox"/> English First Peoples 10
SOCIAL STUDIES	<input checked="" type="checkbox"/> Social Studies 10
SCIENCE	<input checked="" type="checkbox"/> Science 10
CAREERS	<input checked="" type="checkbox"/> Career Life Education 10 (<i>embedded in multiple classes</i>)

PART II – ELECTIVE COURSES

Students in grade 10 select **3 elective courses** inside the timetable (*during the school day*). From the list below, **rank your top 7 choices** and we will do our best to honour your top 3 selections. A full list of the courses available can be found on the Grade 10-12 Course Planning Worksheet. Grade 10's must take a full course load. No study blocks permitted.

Applied Design, Skills & Technology (ADST)

- ___ Computer Studies 10
- ___ Entrepreneurship & Marketing 10
- ___ Food Studies 10
- ___ Media Design 10
- ___ Metalwork 10
- ___ Skills Exploration 10
- ___ Technology Exploration 10
- ___ Woodwork 10

Academic Electives

- ___
- ___
- ___

Fine Arts

- ___ Art Studio 10
- ___ Choir 10
- ___ Concert Band 10
- ___ Drama 10
- ___ Guitar 10
- ___ Musical Theatre 10
- ___ Photography 10
- ___ Studio Art 2D/3D 10
- ___ Theatre Company 10

Other

- ___ Core French 10
- ___ Fitness & Conditioning 10
- ___ Japanese 10

Scan the QR Code below to see descriptions of each Elective Course
<https://jlj.sd83.bc.ca/grade-10-12-course-catalogue>



PART III – Specialized Programs

These courses cover two blocks and run as half days in second semester. There is also a fee associated with these courses. Interested students must ***fill out the Expression of Interest Form on our website***. See the course catalogue for more information.

- ☐ Mountain Bike Academy 10 - \$450 (Credit for PHE 10 and Mountain Bike Skills 10)
- ☐ Outdoor Adventure and Design 11 - \$350 (Credit for Outdoor Education 11 and Woodwork 11)

PART IV – ELECTIVE COURSES *OUTSIDE THE TIMETABLE*

These courses are take place before or after school (<i>sometimes at lunch</i>). Students can select (✓) more than one.	
OUT of TIMETABLE courses	<input type="checkbox"/> AM Basketball 10 <input type="checkbox"/> AM Fitness 10 <input type="checkbox"/> AM Strength and Conditioning 10 <input type="checkbox"/> Athletic Leadership 10 <input type="checkbox"/> Leadership 10 <input type="checkbox"/> Jazz Band 10 <input type="checkbox"/> Yearbook 10

PART V – PARENT/GUARDIAN APPROVAL

I have reviewed my student's plan and understand that while best efforts are made to give students their primary elective choices, alternates are a real possibility. We have also discussed potential pathways after high school, with a focus on keeping as many doors open as possible.

Parent Name: _____ Parent Signature: _____