



J.L. Jackson Secondary

Course Selection 2025-2026

GRADE 10 (English)

Student Name: _____

PART I – MINISTRY REQUIRED COURSES

☒ Select a course in each category.	
An ENGLISH course	☐ English 10 ☐ English First Peoples 10
A MATH course	☐ Foundations & Pre-Calculus Math 10 ☐ Workplace Math 10
A PHYSICAL HEALTH EDUCATION course	☐ Active for Life 10 ☐ Physical Health Education 10
SOCIAL STUDIES	☒ Social Studies 10
SCIENCE	☒ Science 10
CAREERS	☒ Career Life Education 10 (<i>embedded in multiple classes</i>)

PART II – ELECTIVE COURSES

Students in grade 10 receive **3 elective courses** inside the timetable (*during the school day*). From the list below, **rank your top 7 choices** and we will do our best to honour your top 3 selections. A full list of the courses available can be found on the Grade 10-12 Course Planning Worksheet. Grade 10's must take a full course load. No spares permitted.

Applied Design, Skills & Technology (ADST)

- ___ Computer Studies 10
- ___ Electronics and Robotics 10
- ___ Entrepreneurship & Marketing 10
- ___ Food Studies 10
- ___ Media Design 10
- ___ Metalwork 10
- ___ Woodwork 10

Academic Electives

- ___ _____
- ___ _____

Fine Arts

- ___ Art Studio 10
- ___ Choir 10
- ___ Concert Band 10
- ___ Drama 10
- ___ Guitar 10
- ___ Musical Theatre 10
- ___ Studio Art 2D/3D 10
- ___ Theatre Company 10

Other

- ___ Core French 10
- ___ Fitness & Conditioning 10
- ___ Japanese 10

Scan the QR Code below to see descriptions of each Elective Course
<https://jlj.sd83.bc.ca/grade-10-12-course-catalogue/>



PART III – Specialized Programs

These courses cover two blocks and run as half days in second semester. There is also a fee associated with these courses. Interested students must fill out the Expression of Interest Form on our website. See the course catalogue for more information.

- ☐ Mountain Bike Academy 10 (Credit for PHE 10 and Mountain Bike Skills 10)
- ☐ Outdoor Adventure and Design 10 (Credit for Outdoor Education 10 and Woodwork 10)

PART IV – ELECTIVE COURSES *OUTSIDE THE TIMETABLE*

These courses are take place before or after school (*sometimes at lunch*). Students can select (✓) more than one.

OUT of TIMETABLE courses	☐ AM Basketball 10 ☐ AM Fitness 10 ☐ Athletic Leadership 10 ☐ Leadership 10 ☐ Jazz Band 10 ☐ Yearbook 10
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PART V – PARENT/GUARDIAN APPROVAL

I have reviewed my student's plan and understand that while best efforts are made to give students their primary elective choices, alternates are a real possibility. We have also discussed potential pathways after high school, with a focus on keeping as many doors open as possible.

Parent Name:_____Parent Signature:_____