

FALL SPORTS

TRYOUTS AND PRACTICES START NOW!

Junior Girls Volleyball

Initial Meeting: Wednesday Sept 3 @ 10:55am (Room 213)

Tryouts:

Thursday, Sept. 4th (5:30 - 6:30) @ SAS

Friday, Sept. 5th (5:30 - 7:00) @ SAS

Monday, Sept. 8th (5:30 - 7:00) @ SAS

Wednesday, Sept. 10th (5:30 - 7:30) @ SMS (first team practice)

Coaches:

Mike Brautigam (mikebrautigam@hotmail.com)

Gabby Valachy (gvalachy@sd83.bc.ca)

Junior Boys Volleyball

Initial Meeting: Wednesday Sept 3 @ 12:30pm (Room 213)

Tryouts:

Thursday, Sept. 4th (4:00 - 5:30) @ SMS

Tuesday Sept 9th (4:00 - 5:30) @ **SMS**

Wednesday Sept 10th (4:00 - 5:30) @ SMS

Thursday Sept 11th (4:00 - 5:30) @ **SMS**

Coaches:

Alicia and Jason Schouten (aschoute@sd83.bc.ca) - Tier 1

Brook Glanville (<u>brookinafrica@hotmail.com</u>) - Tier 2

Senior Girls Volleyball

Initial Meeting: Wednesday Sept 3 @ 10:55am (Room 213)

Tryouts:

Wednesday, Sept. 3rd (5:30 - 7:00) @ SMS

Thursday, Sept. 4th (8:00 - 9:00) @ SAS

Monday, Sept. 8th (7:00 - 8:30) @ SAS

Coaches:

Dave Major (dave.major@gmail.com)

Cross Country Running

Practices:

Mondays, Wednesdays, and Fridays (4:00-5:30pm) – JLJ Gym

Coaches:

Dave Hollatz (dhollatz@sd83.bc.ca)

Krys Pick (kpick@sd83.bc.ca)

Football

There will be a joint JLJ/SAS Football Team this year. Please contact Colin Woodhurst for more information.

Practices:

Mondays, Tuesdays (4:00-5:30pm) - SAS Field

Coach: Colin Woodhurst (cwoodhurst@sd83.bc.ca)

PLEASE CONTACT MRS. DORAY OR
THE COACH FOR EACH TEAM IF
YOU HAVE ANY QUESTIONS!